

FOR DEPARTING TRAVELERS

ZIKA ALERT



Zika is an illness mostly spread by mosquitoes. Infection during pregnancy may be linked to birth defects in babies.

If you are visiting a Zika-affected area (find out where at cdc.gov/zika), take steps to prevent mosquito bites.



Travelers to Zika-Affected Areas **PREVENT ZIKA**



Use
insect
repellent.



Use air
conditioning
or window/
door screens.



Wear long-
sleeved
shirts and
long pants.



Use condoms
or abstain
from sex to
avoid sexual
transmission.



LEARN MORE at www.clevelandhealth.org/zika

This message was developed in partnership with Columbus Public Health, Franklin County Public Health, Mount Carmel Health System, Nationwide Children's Hospital, OhioHealth, and The Ohio State University Wexner Medical Center.