

OHIO REPRODUCTIVE HEALTH AND WELLNESS PROGRAM UPDATES

March 2017

Akron Children's Hospital Improving Birth Outcomes: LARC and Birth Spacing 101

Once you are the page, please click on Improving Birth Outcomes: LARC and Birth Spacing 101 (2nd presentation down as of today) and follow the prompts.

<https://www.akronchildrens.org/cms/enduring-materials/index.html>

CDC announces New Supplemental Issue of the Journal of Adolescent Health

CDC's Division of Reproductive Health is pleased to announce that findings and lessons learned from the implementation of CDC's and the HHS Office of Adolescent Health's (OAH) communitywide teen pregnancy prevention initiatives project (CWI) are appearing in a new supplemental issue of the Journal of Adolescent Health. This supplement provides valuable information for our colleagues working to prevent teen pregnancy in their communities.

Between 2010 and 2015, CDC and the HHS Office of Adolescent Health (OAH) collaborated to demonstrate the effectiveness of innovative, multicomponent, communitywide initiatives in reducing rates of teen pregnancy and births. The CWI focused on communities with the highest rates, with an emphasis on reaching African American and Latino or Hispanic young people aged 15 to 19 years. Despite the progress made in reducing the U.S. teen birth rate, rates remain disproportionately high for some populations and in some geographic areas. Proven prevention programs which take into account unique, local needs, and involve local support, are critical for tackling disparities and reducing teen pregnancy further. It is our sincere hope that this supplement helps inform local efforts to address disparities and reduce teen pregnancy. Learn more about teen pregnancy from CDC's Division of Reproductive Health.

[http://www.jahonline.org/issue/S1054-139X\(17\)X0003-7](http://www.jahonline.org/issue/S1054-139X(17)X0003-7)

Neonatal Abstinence Syndrome and RHWP Clinics

According to the CDC Grand Rounds on Public Health Strategies to Prevent Neonatal Abstinence Syndrome (NAS) the main strategies identified to prevent the incidence of NAS center on responsible opioid prescribing and access to preconception care and family planning services

CDC indicates that one primary prevention strategy that might reduce the incidence of NAS is ensuring access to family planning and preconception care for women who use opioids. Among

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women who abuse opioids, 86% of pregnancies are unintended . CDC and the Office of Population Affairs of the U.S. Department of Health and Human Services recommend that health care providers support family planning services, which include preconception services, pregnancy intention screening, and contraceptive counseling to prevent unintended pregnancy by increasing access to the full range of contraceptive methods, including long-acting reversible contraception (e.g., intrauterine devices and implants).

To view the CDC Grand Rounds on Public Health Strategies to Prevent Neonatal Abstinence Syndrome go to

https://www.cdc.gov/mmwr/volumes/66/wr/mm6609a2.htm?s_cid=mm6609a2_w

Tobacco Cessation Resources for Consumers and Providers

Tobacco use has detrimental effects on all aspects of men's and women's health and is one of the leading causes of early death for adults. The use of tobacco can lead to various forms of cancer, lung disease, reproductive health issues, and many other problems. Additionally, maternal smoking is a modifiable risk factor that can directly impact birth outcomes. Tobacco use during pregnancy can lead to restricted fetal growth, preterm birth, birth defects, and Sudden Infant Death Syndrome (SIDS). As such, it is important for healthcare providers and programmatic personnel to identify tobacco use among their clients and offer comprehensive interventions to address cessation efforts.

The Ohio Smoke Free Families (SFF) website, ohiosmokefreefamilies.org, provides several resources for providers and consumers. The SFF website resources include:

- A Provider Toolkit aimed at educating providers on tobacco use and cessation, including a guide for implementing the 5 A's brief counseling intervention, resources on e-cigarettes, and best practices for pharmacology.
- Handouts (Consumer Resources) for clients in all stages of the quit process (Recently Quit, Willing to Quit, Not Ready to Quit)
- Publications and presentations on smoking and smoking cessation related topics
- Information on Quality Improvement Science and a data collection form that can be used by organizations to guide health care professionals or programmatic staff through the implementation of the 5 A's counseling intervention

The ohiosmokefreefamilies.org website was created as part of the Ohio Partners for Smoke Free Families Learning Collaborative, a quality improvement project focused on increasing the quit rate through the use of the 5As intervention and educational resources on the benefits of

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quitting tobacco use. The project is sponsored by the Ohio Department of Health and administered by the Ohio Colleges of Medicine Government Resource Center.

Data Warehouse

As part of its continuing commitment to make public health data available as quickly and accessible as possible, the Ohio Department of Health (ODH) has updated its web-based [Ohio Public Health Data Warehouse](#) to provide faster access to aggregate, non-identifiable data about deaths in Ohio. As a result, in most cases preliminary mortality data will now be available in a matter of days after a death occurs. In the past, available mortality data was at least a year old. In addition, new Data Warehouse features enable users to look at mortality data in deeper, more meaningful ways. L][

Policymakers, public health professionals, healthcare providers, health social services organizations, health researchers and others can use the Ohio Public Health Data Warehouse to explore state- and county-level mortality data to help identify, analyze and compare mortality trends:

- **Charts/graphs:** Plot information about specific types of deaths over time in chart form
- **Reports:** Create tables that illustrate and compare rates and counts of deaths by type

The Ohio Public Health Data Warehouse is available on the ODH website at “odh.ohio.gov.” If you have any questions about it, please contact Brian Fowler, Chief of the ODH Bureau of Informatics and Data Management, by email at Brian.Fowler@odh.ohio.gov or by phone at 614-466-1402.