



Friday, January 16, 2015  
9 a.m. – 12:30 p.m.

## Youth Sports Concussion and Head Injury Return to Play Guidelines Committee

246 N. High Street, Columbus  
8<sup>th</sup> Floor Conference Room

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### MINUTES

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At 9:00 a.m. Chairman Hodges called the meeting to order and began with a welcome and by thanking everyone in the audience for attending and participating.

Chairman Hodges called the secretary to conduct a roll call:

Richard Hodges, Chair, Director of Health (present)  
Andrew N. Russman, D.O. (present)  
Kim G. Rothermel, M.D. (present)  
Brian S. Wilson, D.C. (present)  
William A. Ramsey, D.C. (present)  
Eric D. Griffin, D.C. (present)  
Jason P. Dapore, D.O. (present)

All Committee members were present.

Chairman Hodges called for approval of the meeting minutes of December 18, 2014.

- Meeting minutes approved.

Chairman Hodges moved to witness testimony:

- *Joseph Congeni, MD, Director of the Sports Medicine Center at Akron Children's Hospital, provided testimony.*
- *Anastasia N. Fischer, MD, Physician with the Division of Sports Medicine at Nationwide Children's Hospital, submitted testimony.*
- Dr. William Ramsey, State Chiropractic Association and committee member, presented the Committee with a letter from the American Chiropractic Board of Sports Medicine.

Note: All testimony presented to the committee or submitted for the record can be found on the Ohio Department of Health website at:

<http://www.healthy.ohio.gov/en/vipp/Ohio%20Youth%20Sports%20Concussion%20and%20Head%20Injury%20Guidelines%20Committee.aspx>

Chairman Hodges asked Dr. Eric Griffin, committee member, to give an overview of the training and certification requirements needed to be designated a Diplomate in the field of Chiropractic medicine. Dr. Griffin presented the information.

The Committee began open discussion on what training and education requirements should be adopted by Ohio in its return to play guidelines and focused on:

- Certification hours
- Concussion training minimum requirements
- CEU requirements by profession

Director Hodges asked each committee member to give his or her thoughts on the five questions they

were asked to consider and comment on at the last meeting. Additionally, the committee discussed how best to move forward on consensus and how best to protect the athlete. A summary of comments included:

- We need to allow for independence when we talk about who is qualified to make return to play decisions.
  - We need to look at the guidelines and the consensus statement.
  - The Zurich guidelines seem to be more detailed, they are the foundation.
  - What is considered a national consensus?
  - We need to set up a structure with a clearance and a return to play assessment.
  - HB 143 is a strong foundation, we need to build on it.
  - Chiropractic Diplomates have an additional amount of training and education and should be allowed to make return to play decisions independently.
  - There should be a focus on long-and-short-term recovery.
  - We need to keep up to date on best practices.
  - We need to look above the Zurich guidelines.
  - Much of the data in the Zurich guidelines speaks to on-going education.
  - Leave the determination of ongoing education to the appropriate licensing boards.
  - There is a need for continuing knowledge building.
- ODH General Counsel, Lance Himes, reminded the committee members that they are to consider the guidelines for both inter-scholastic athletic events and athletic activities organized by a youth sports organization. Mr. Himes overviewed the definition of a youth sports organization.
  - Director Hodges asked the committee staff to get a sense from the members on the five questions in the preparation of guidelines and a final report.

It was agreed upon by all that there were no more points to cover at today's meeting.

Next meeting will be Thursday, February 19, 2015 @ 9:00 a.m.

Meeting adjourned @ 10:30 a.m.

**Committee's Charge:** *Establish guidelines on the (1) Diagnosis and treatment of concussions and head injuries; (2) Conditions under which an athlete may be granted clearance to return to practice/competition; (3) Minimum education requirements necessary to qualify a physician or licensed health care professional to assess and clear an athlete for return to practice or competition.*