

**Performance Measure 5:** Percent of 3rd graders who are overweight

**Last Year's Accomplishments**

The target for FFY 2007 was 36 percent (overweight or at risk for overweight). The actual percent of third graders in the 2006/2007 school year who were overweight/obese (BMI greater than or equal to 95th percentile) was 16.6, and the actual percent of third graders who were at risk for overweight (BMI at 85th to 95 percentiles) was 17.7, for a total of 34.3 percent. There was no statistically significant change in overweight or obesity from 2004-2005 to 2006-2007. Ohio has met its goal for 2007. See report at:

<http://healthyohioprogram.org/ASSETS/325855A339A14EFCAB37C694974796C8/sentrpt07.pdf>

A. Conduct data surveillance and monitoring activities

In 2006-7 30 schools were selected and all participated in the third grade sentinel surveillance project. Of 2,208 students in the sampled schools, 1,447 returned consent forms; 1215 were screened, 16.6% of the students screened were at the overweight/obese level (BMI at 95% and greater) 17.7% were at risk for overweight (BMI at 85% to 95

Results of the sentinel revealed no statistical differences this year than from the major state wide surveillance project of 2004. Data was also collected on referral sources by county from MCH grant funded programs through the ODH Child and Family Health Services program.

A random sample of middle schools and school nurses was conducted this year to begin conducting a surveillance project for obtaining BMI on the 7th grade population. Data will be available at the state level by summer of 08.

B. Increase health care providers awareness and involvement in prevention and treatment initiatives

Over 15 trainings of the CATCH curriculum was done by ODH staff in partnership with the Ohio Department of Education's Child and School Nutrition program. More than 300 teachers received the curriculum free to take back to school districts throughout Ohio. The training includes nutrition and physical activity guidelines for students in grades k-8.

A statewide inventory of stakeholders was conducted for the ODH, Ohio Public Health Leadership Institute. Survey results are attached.

C. Continue current collaborations and facilitate the development of new potential internal and external partners.

Ohio Department of Education collaboration continues with the joint CATCH trainings.

Collaboration with Action for Healthy Kids includes: Participation on Ohio Action for Healthy Kids steering Committee; assistance in planning three regional zone meetings; and provision of data on childhood BMI for third grade and low income preschool children.

Buckeye Best continues to be a program that is part of the ODH Office of Healthy Ohio and the ODH initiative to reduce obesity. The Buckeye Best awards program has been endorsed by the ODE and the Ohio Association of Health Physical Education, recreation and Dance (OAHPERD). OAHPERD has contributed to revising the physical education portion of the application and plans to assist ODH in the scoring of the applications.

D. Investigate evidence based intervention for school aged population.

We Can! , another physical activity and nutrition program, was researched for use in Ohio schools. A train- the-trainer program is being planned for this year.

E. Participate in the development of a statewide plan for addressing childhood obesity

A draft plan has been developed and is scheduled to be shared in December with the ODH senior staff.