

How to Make Use of this Report

In this report, the questions are grouped into 11 sections: injury, violence, mental health, tobacco, alcohol, illegal drugs and prescription drug abuse, sexual behaviors, nutrition, physical activity, preventive health care and positive youth development. Each section has several questions included and each question is represented by a bar graph. The bar graphs contain data from 2003 and 2005 and significant differences between males and females, race or grade levels are described in the summary statements.

These data can be used in a variety of ways. Some of these include:

- Increasing awareness about the behaviors and risks experienced by high school students. This may help dispel myths and promote a more accurate view of the "average teenager."
- Starting a discussion with teens about the health choices they are making and/or what is happening in their communities.
- Planning and evaluating programs to make sure they are truly meeting the needs of the community.