

Q73: How do you describe your weight?

In 2005, approximately one-third of students reported that they describe themselves as slightly or very overweight.

- 32 percent of students described themselves as slightly or very overweight.
- Significantly more females (38.1 percent) than males (26.0 percent) described themselves as overweight.
- There was no significant difference in students who describe themselves as being overweight by grade level or race.

There was no significant difference overall in the percentage of students describing themselves as slightly or very overweight between 1999 and 2005.

- A significant increase was observed for students in the 10th grade who described themselves as overweight between 2003 (25.9 percent) and 2005 (35.9 percent).

