

Q74: Which of the following are you trying to do about your weight?

In 2005, approximately one-half of students reported that they were trying to lose weight.

- 48.5 percent of students reported that they were trying to lose weight.
- Significantly more females (65.3 percent) than males (32.5 percent) reported that they were trying to lose weight.
- There were no significant differences in trying to lose weight by grade level or race.

There was no significant difference overall in the percentage of students trying to lose weight between 1999 and 2005.

