

Q78: During the past 30 days, did you take any diet pills, powders or liquids without a doctor's advice to lose weight or to keep from gaining weight?

In 2005, most students reported that they did not take diet pills, powders or liquids for weight control.

- 6.5 percent of students reported taking diet pills, powders or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days.
- Students in the 10th grade (10.3 percent) were significantly more likely than students in the 11th grade (4.9 percent) to report taking diet pills, powders or liquids for weight control
- There were no significant differences in taking diet pills, powders or liquids for weight control by gender.

A significant decrease was observed in the overall percentage of students who took reported that they use diet pills, powders, or liquids for weight control from 1999 (10.7 percent) and 2003 (10.4 percent) to 2005 (6.5 percent).

- A significant decrease was observed in females taking diet aids between 1999 (16 percent) and 2005 (8.3 percent).
- A significant decrease was observed in students who took diet aids in the 11th and 12th grades between 2003 (10.5 percent and 15.7 percent, respectively) and 2005 (4.9 percent and 6.2 percent, respectively).

*The estimate may not be reliable. Significance not assessed for this variable.

