

Q81: During the past seven days, how many times did you eat fruit?

In 2005, more than one-fifth of students reported that they eat fruit daily.

- 22.3 percent of students reported eating fruit one or more times per day during the past seven days.
- There were no significant differences in eating fruit by gender, grade level or race.

There was no significant difference overall in the percentage of students who ate fruit at least once per day between 1999 and 2005.

- A significant decrease was observed in the percentage of students who ate fruit at least once per day between 2003 (30 percent) and 2005 (22.3 percent).
- A significant decrease was also observed in females (30 percent to 21.6 percent), and students in the 11th grade (36 percent to 19.5 percent).

