

NUTRITION: Breakfast

Q85: On how many of the past seven days did you eat breakfast?

In 2005, more than one-fourth of students reported that they ate breakfast daily.

- 26.9 percent of students reported eating breakfast every day.
- There was no significant difference in the percent of students who ate breakfast daily by gender or grade level.

This question was not asked in 1999 or 2003.

*The estimate may not be reliable. Significance not assessed for this variable.

