

HEALTHY OHIOANS

A STATEWIDE PROGRAM TO:

- increase physical activity
- improve nutrition
- stop/prevent tobacco use

HEALTHY OHIOANS PROGRAMS:

The Healthy Ohioans
Business Council

Buckeye Best Healthy Schools
Awards Program

State of Ohio Employee
Wellness Program

Healthy Ohioans Communities
Awards Program

Bob Taft, *Governor*

J. Nick Baird, M.D., *Director of Health*

www.healthyohioans.org

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HEALTHY OHIOANS BUSINESS COUNCIL

Ohio companies:

- improving employee health
- sharing best practices
- knowing healthy employees make a difference....and return on investment is significant for both employer and employee

If your company is committed to a healthy workforce and interested in:

- learning more about our programs
- building relationships with other companies with similar objectives
- sharing best practices
- measuring results
- proactively managing health care costs...

...then consider becoming a member of a regional Healthy Ohioans Business Council.

See www.healthyohioans.org for more information, including our publication, *Doing Well by Being Well: Designing Win-Win Employee Wellness Programs*. Or call 614-466-0041.....e-mail: HOBC@odh.ohio.gov.

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