

Breastfeeding and Human Milk

Reduce Infant Mortality and Health Care Costs Improves:

- Development
- Psychosocial outcomes
- Bonding
- Nutrition
- Immunity

Improving breastfeeding initiation and duration rates among all demographic groups can help to reduce health disparities.

Ohio Breastfeeding Initiation Rates

- 65% of white non-Hispanic mothers
- 61% of Hispanic mothers
- 54% of black, non-Hispanic mothers

Breastfeeding among all groups drops off sharply by 6 and 12 months and the disparity worsens.

(Centers for Disease Control)

Breastfeeding and Human Milk—saving money and saving babies!

