

1st Annual



Sept. 24,
2013

Sponsored by:

ADOLESCENT HEALTH
Partnership

Symposium

Speaker honoraria and travel sponsored by the Adolescent Health Center of Greater Cincinnati of the Division of Adolescent and Transition Medicine, Cincinnati Children's Hospital Medical Center

Purpose: The first annual Adolescent Health Symposium will bring together multidisciplinary experts in adolescent medicine and health to introduce the Ohio Adolescent Health Partnership and the newly developed Ohio Adolescent Health Strategic Plan that outlines the need for development of policies, initiatives and improved practices that will support healthy adolescent development.

Investing time, attention and resources in the health and wellness of adolescents is essential to helping them maintain optimal health and lay a foundation for a healthy and successful adulthood. Healthy adolescents engage more in their communities, do better in school, and go on to see better health status, higher educational achievement, and more success in their lives as adults.

Conference Objectives: 1. Increase awareness about the unique needs of adolescents, 2. Address the social determinants of health and the impact of environmental stress on genes and brain development, 3. Expand the network of adolescent health experts in Ohio.

Who We Are: The Ohio Adolescent Health Partnership is a diverse group of agencies, organizations and individuals with expertise in adolescent health and wellness, with the common goal of supporting optimal health and development for all adolescents. Our vision is that all Ohio adolescents are empowered and able to live safe, healthy productive lives as they transition into and reach adulthood. OAHP has defined their target age range as 10-24. Individuals and organizations whose activities are focused on adolescent health are encouraged to become members.

Who should attend? All individuals or organizations who work with adolescents and young adults – physicians, psychologists, social workers, counselors, nurses, dietitians, teachers, coaches, school administrators, youth workers, policy makers, parents, and not for profit organizations.

Conference Location: **Hyatt Regency Downtown Columbus, McKinley Room**, 350 North High Street, Columbus, Ohio 43215. Visit the hotel website for directions and parking information <http://columbusregency.hyatt.com/en/hotel/our-hotel.html>. There are many restaurant options for lunch within walking distance. Suggestions will be available at the registration table.

To Register: Go to **OhioTRAIN** at <https://oh.train.org>. If you have not used OhioTRAIN before, go to "Create Account" on the site and follow the directions. Once you are in the OhioTRAIN website, click on "Course Search." Under "Search Options," click on "By Course ID" and enter "1045110." This will take you to the registration page for this conference. Click the "Registration" menu tab and review conference registration information. Registration is free. Email questions to susan.walker@odh.ohio.gov.

Agenda:

- 9:00 am – 9:30 am** REGISTRATION
- 9:30 am – 10:15 am** WELCOME AND INTRODUCTION OF THE OHIO ADOLESCENT HEALTH PARTNERSHIP
Paula Braverman, MD and **Michele Dritz, MD, MS**
Co-Chairs Ohio Adolescent Health Partnership
- 10:15 am – 10:30 am** SUPPORTING ADOLESCENT HEALTH IN OHIO
Theodore E. Wymyslo, MD,
Director Ohio Department of Health
- 10:30 am – 11:30 am** CONNECTING THE DOTS: STRESS, GENES AND THE ADOLESCENT BRAIN
Stacy Drury, MD, PhD, *Director of the Behavioral and Neurodevelopmental Genetics Laboratory, Tulane University*
- 11:30 am – 12:45 pm** LUNCH – ON YOUR OWN
- 12:45 pm – 1:45 pm** SOCIAL DETERMINATES IMPACTING ADOLESCENT HEALTH
David W. Andrews, PhD, *Dean, School of Education Johns Hopkins University*
- 1:45 pm – 2:00 pm** BREAK
- 2:00 pm – 3:30 pm** IMPROVING ADOLESCENT HEALTH OUTCOMES IN OHIO, UNVEILING OF OHIO'S ADOLESCENT HEALTH STRATEGIC PLAN
Paula Braverman, MD, FAAP, *Director of Community Programs, Division of Adolescent and Transition Medicine; Professor, Department of Pediatrics, Cincinnati Children's Hospital Medical Center, University of Cincinnati College of Medicine*
- Michele Dritz, MD, MS, FAAP,** *Adolescent Medicine Physician, Adolescent Medicine Clinic, Wright-Patterson Air Force Base; Clinical Assistant Professor, Department of Pediatrics and Department of Community Health, Boonshoft School of Medicine, Wright State University*
- Laura Rooney, MPH,** *Adolescent Health Program Manager, Ohio Department of Health*
- 3:30 pm – 4:00 pm** CALL TO ACTION
- 4:00 pm** EVALUATION AND ADJOURN

Key Note Speakers:



David W. Andrews, PhD
Dean, School of Education
Johns Hopkins University

Dean Andrews has dedicated his career to enhancing opportunities for children and youth by strengthening families, communities, and schools. Prior to his arrival at the Johns Hopkins School of Education (SOE) in September 2010, he spent ten years at Ohio State University where he was the founding dean of the College of Education and Human Ecology. Currently, he is leading the SOE in an organizational restructuring that focuses on research and solutions for the most pressing concerns in 21st century education and public safety leadership by developing entrepreneurial partnerships, innovative tools, and evidence-based approaches to advance learning for all ages.



Stacy Drury, MD, PhD
Director of the Behavioral and Neurodevelopmental Genetics Laboratory
Tulane University

Dr. Drury is the Director of the Behavioral and Neurodevelopmental Genetics Laboratory at Tulane University. She is an Assistant Professor of Psychiatry and Assistant Professor of Pediatrics. She completed her MD and PhD (genetics) at Louisiana State University and her Adult and Child and Adolescent Psychiatry training at Tulane. Her trans-disciplinary research examines the link between early life stress, genetic and epigenetic factors, and child neurodevelopment. She has received funding from AACAP, APA, Harvard Center for the developing child, NARSAD and the NIH. Her current studies examine how a multi-level model of stress exposure, beginning at the individual level but encompassing household and community level stress, influence the development of a child's stress response system and cellular stress from the prenatal period through adolescence. She is a member of the expert neuroscience panel for the Association of Children Youth and Families and the President of the Association of Women Psychiatrists.