

**Mercer County Celina City Community Health Improvement Plan (CHIP)  
Nutrition and Weight Status Work Plan**

**Priority #2: Nutrition and Weight Status.** Sixty seven percent of Mercer County residents are overweight or obese. Unhealthy food choices are often the “default” for a variety of reasons, including: faulty perceptions about healthy and unhealthy options; some areas of our community do not have nearby outlets for low cost, healthy foods or related services; restaurants have limited healthful options; and processed foods are often more convenient. Additionally, our county lacks walking and bike paths and our automated lifestyles support sedentary conditions. We aspire to a Mercer County where physicians, restaurants, businesses, social service providers, parks, and churches work to create individual and community conditions where all residents are properly nourished, live actively, and achieve a healthy weight.

**Goal 2.1:** Increase Physical Activity through Access & Availability

**Key Measure(s):** # of free indoor walking locations and schools providing open use agreements

**Baseline:** Current # of free indoor walking locations and schools providing open use agreements

**Alignment with National Priorities:** Both physical activity and weight status are national priorities outlined by Healthy People 2020. Two main focuses regarding physical activity at the national level are structural environments, such as the availability of sidewalks, bike lanes, trails, and park and legislative policies that improve access to facilities that support physical activity. These focuses align closely with our goal and objectives.

**Alignment with SHIP:** While there is not a specific priority in Ohio’s SHIP related to physical activity and/or healthy weight, there is a priority focused on reducing the burden of chronic disease for all Ohioans. Increasing physical activity and reaching a healthy weight play key roles in eliminating many chronic diseases, heart disease, high blood pressure, high cholesterol, diabetes, osteoporosis and some cancers.

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 2.1.1:</b> By June 30, 2018 implement 100% of Mercer County Ohio school districts providing open school usage for physical activity at a minimum of one facility.	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 4 Target: 6 schools	1) Determine baseline number of schools that currently offer open school usage. 2) Research benefits and legality of open school usage. 3) Contact schools that are not currently participating to see if interested, share information found in step 2. a. Contact schools currently offering for permission to advertise. 4) Market/Advertise to community	Start: May 1, 2017  End: June 30, 2018	Renee Kinney	
<b>Objective 2.1.2:</b> By June 30, 2018, increase number of locations providing indoor free usage for physical	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: Target: An additional 2 locations.	1) Determine baseline. 2) Identify potential locations in each community. 3) Contact locations to determine interest. 4) Market/Advertise to community.	Start: May 1, 2017  End: June 30, 2018	Sharon Green	

**Specific**

*How will you know it is done?*

**Measurable**

*Can WE measure it?*

**S.M.A.R.T Objectives**

**Achievable**

*Can it be done given the time frame and resources?*

**Relevant**

*Should it be done?*

**Time-oriented**

*When will it be done?*

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activity/walking by 2 locations (excluding schools).						
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**Goal 2.2:** Increase availability of healthy food choices

**Key Measure(s):** # of community gardens, # of farmers markets  
**Baseline:**

**Alignment with National Priorities:** Nutrition and weight status are national priorities outlined by Healthy People 2020. A main focus under this priority is increasing consumption of a variety of nutrient-dense foods within and across the food groups, especially whole grains, fruits, vegetables, low-fat or fat-free milk or milk products, and lean meats and other protein sources. This focus aligns with our goal and objectives.

**Alignment with SHIP:** While there is not a specific priority in Ohio’s SHIP related to physical activity and/or healthy weight, there is a priority focused on reducing the burden of chronic disease for all Ohioans. Improving nutrition and reaching a healthy weight play key role in eliminating many chronic diseases, including heart disease, high blood pressure, high cholesterol, diabetes, osteoporosis and some cancers.

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 2.2.1:</b> By May 1, 2019, increase the number of community gardens in Mercer County OH by 1.	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 3 Target: 1 additional community garden	1) Determine baseline: #/location. 2) Meet with Village of Coldwater, Celina Fair Board, and Celina Insurance about success of their community gardens. 3) Notify/discuss with schools to determine if there is interest in tending/hosting. 4) Identify other potential new locations. 5) Once location is determined, create guidelines for use/eligibility and advertise new location to the community through community partners and social media.	Start: May 1, 2017  End: May 1, 2019	Jason Menchhofer	
<b>Objective 2.2.2:</b> By June 1, 2019, establish a Farmers Market in Southern Mercer County.	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 1	1) Contact Celina Chamber & Jay Co. (determine if a partnership is an option). 2) Talk with local vendors 3) Identify potential locations/dates. a. Meet with community leaders and secure commitment. 4) Market/Advertise to Community	Start: May 1, 2017  End: June 1, 2019	Mandy Wendel & Morgan Post	

**Goal 2.3:** Raise awareness about the obesity issues in Mercer County and provide resources and best practices to key partners to combat the issue.

**Specific**  
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<b>Key Measure(s):</b> Number of partners communicated with; Number of partners implementing best practices.						
<b>Baseline:</b>						
<b>Alignment with National Priorities:</b>						
<b>Alignment with SHIP:</b> While there is not a specific priority in Ohio's SHIP related to physical activity and/or healthy weight, there is a priority focused on reducing the burden of chronic disease for all Ohioans. Increasing physical activity and reaching a healthy weight play key roles in eliminating many chronic diseases, heart disease, high blood pressure, high cholesterol, diabetes, osteoporosis and some cancers.						
<b>Objectives</b>	<b>Impact</b>	<b>Measure</b>	<b>Action Steps</b>	<b>Timeframe</b>	<b>Lead</b>	<b>Status</b>
<b>Objective 2.3.1:</b> By June 31, 2018, educate all Mercer County school district on the Community Health Needs Assessment survey findings and offer resources to educate students and staff on healthy living.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 6	1) Research and gather resources and best practices to provide to schools. 2) Meet with each school district to determine needs. 3) Provide any needed resources and support. 4) Follow-up with each school to determine successes or further needs.	Start: May 1, 2017  End: June 31, 2018	Renee Kinney/Sharon Green	
<b>Objective 2.3.2:</b> Assist the Mercer Health Marketing team in development of visual pieces to educate community and key partners on status of health in Mercer County and findings of the survey.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 1 resource item	1) Design visual representation of the county's health. 2) Provide this visual representation to all CHIP committees to use when implementing CHIP plans. 3) Determine need/options for a health & wellness resource site or book and create such resources.	Start: May 1, 2017  End: June 31, 2018	Mercer Health Marketing/Wellness Team	
<b>Objective 2.3.3:</b> Educate Mercer County health providers and primary care physicians on findings of survey and encourage their assistance in combatting this issue of obesity in our county.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 20 primary care providers and 11 specialists contacted/provided resources.	1) Present findings and CHIP plan at Mercer Health medical staff meeting, and facilitate discussion with medical staff for feedback and ideas and solutions to address the obesity issue. 2) Create and send mailing for	Start: May 1, 2017  End: June 31, 2019	Mercer Health Marketing/Wellness Team	

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			<p>providers communicating survey findings as well as resources available for them to assist with weight status issue in Mercer County. Also ask for assistance in combatting this health issue.</p> <p>3) Monitor referrals made to Mercer Health Weight Management Center to track for increase.</p>			
<p><b>Objective 2.3.4:</b> By November 1st, 2017, provide nutrition education to participants at the Mercer County WIC Office to promote healthy eating, meal planning on a budget etc.</p>	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	<p>Baseline: 0 Target: 1 WIC office.</p>	<p>1) Contact Mercer Co WIC to determine interest.</p> <p>2) Research nutrition areas of interest for the clientele.</p> <p>3) Share the nutrition education materials with all WIC participants.</p>	<p>Start: May 1, 2017</p> <p>End: Ongoing, implement by 11/1/17</p>	Jodi Grieshop	
<p><b>Objective 2.3.5:</b> Contact Mercer County employers to share survey findings and provide best practices, strategies, and available resources to promote employee health and wellness.</p>	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<p>Baseline: 0 Target: 10 Mercer County employers to implement at least 1 new employee health &amp; wellness strategy.</p>	<p>1) Research and develop list of best practices/strategies for employee health and wellness.</p> <p>2) Communicate to Mercer County employers, via Chamber and WCORHA listings, the findings from the health assessment survey as well as best practices/strategies.</p> <p>3) Present above items at a Mercer County safety council meeting.</p> <p>4) Send a follow-up survey to above employers to determine who is implementing new strategies for health and wellness of their employees.</p> <p>5) Communicate success stories via chamber mailings.</p>	<p>Start: May 1, 2017</p> <p>End: June 30, 2019</p>	Renee Kinney & Mandy Wendel	



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**Mercer County Celina City Community Health Improvement Plan (CHIP)**  
**Mental Health Work Plan – Revised 4.26.17**

**Priority #3: Mental Health.** Similar to other rural communities, Mercer County has a shortage of psychiatric care providers, public knowledge of how to access mental health professionals is scarce, and acute psychiatric care is located outside of our county. In addition, cost of care is prohibitive for many who need services. While we have experienced some increase in mental health screenings and tele-service availability, demand for services is increasing and need exceeds current capacity. We will capitalize on our strengths (collaborations, close knit community) and seek innovative solutions to address public stigma and access to service issues, as well as work to effectively integrate mental and physical health services.

**Goal 3.1:** Reduce suicide rate

**Key Measure(s):** suicide threats; 10% reduction in suicide attempts; completed suicides

**Baseline:** 10% reduction in suicide attempts

**Alignment with National Priorities:**

**Alignment with SHIP:**

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 3.1.1:</b> By December 31, 2020, conduct 15 Mental Health First Aid trainings.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based	Baseline: 0 Target: 15	<ul style="list-style-type: none"> <li>3 mental health trainers</li> <li>Identify potential recipients</li> <li>Explore possible CEUs</li> <li>Market trainings</li> <li>Offer trainings</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations (Diane Gagle)	<ul style="list-style-type: none"> <li>● Completed</li> <li>● In Progress</li> <li>● Not yet started</li> <li>● Not yet started</li> <li>● Not yet started</li> </ul>
<b>Objective 3.1.2a:</b> By December 31, 2020, implement depression and suicide screening tool in 100% of Mercer Health occupational fairs.	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based	Baseline: 0 Target: 100%	<ul style="list-style-type: none"> <li>Decide on evidence-based screening tool</li> <li>Engage stakeholders</li> <li>Implement tool - <a href="#">create an algorithm for screening and try to make it electronic</a></li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations Mercer Health	<ul style="list-style-type: none"> <li>● Not yet started</li> <li>● Not yet started</li> <li>● Not yet started</li> </ul>
<b>Objective 3.1.2b:</b> By December 31, 2020, implement depression and suicide screenings	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change	Baseline: 0 Target: 3	<ul style="list-style-type: none"> <li>Decide on evidence-based screening tool</li> <li>Select locations/Engage stakeholders</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations Mercer Health	<ul style="list-style-type: none"> <li>● Not yet started</li> <li>● Not yet started</li> </ul>



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**Relevant**

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**Mercer County Celina City Community Health Improvement Plan (CHIP)**  
**Mental Health Work Plan – Revised 4.26.17**

in 3 Physician/ Provider Practices.	<input checked="" type="checkbox"/> Evidence Based		<ul style="list-style-type: none"> <li>Implement tool in Physician practices (EPIC)</li> </ul>			
<b>Objective 3.1.2c:</b> By December 31, 2020, implement depression and suicide screenings in 2 Schools	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based	Baseline: 0 Target: 2	<ul style="list-style-type: none"> <li>Decide on evidence-based screening tool</li> <li>Select locations/Engage stakeholders</li> <li>Implement tool in (2) schools</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations ESC Mercer Health	<ul style="list-style-type: none"> <li>Not yet started</li> <li>Not yet started</li> <li>Not yet started</li> </ul>
<b>Objective 3.1.2d:</b> By December 31, 2020, implement 3 depression and screening days in the community	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 3	<ul style="list-style-type: none"> <li>Decide on evidence-based screening tool</li> <li>Select locations/Engage stakeholders</li> <li>Implement (3) depression and screening days in the community</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations Mercer Health Health Department	<ul style="list-style-type: none"> <li>Not yet started</li> <li>Not yet started</li> <li>Not yet started</li> </ul>
<b>Objective 3.1.3:</b> By December 31, 2020, provide 1 CIT training for Mercer County police departments.	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 1	<ul style="list-style-type: none"> <li>Meet with key stakeholders</li> <li>Expand the Crisis Intervention Team</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	Foundations	<ul style="list-style-type: none"> <li>Delay to 2018 per Foundations</li> </ul>

<b>Goal 3.2: Increase access to and availability of mental health services</b>						
<b>Key Measure(s): # locations that provide behavioral health services from 7 to10</b>						
<b>Baseline:</b> Increase locations to 10						
<b>Alignment with National Priorities:</b>						
<b>Alignment with SHIP:</b>						
Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 3.2.1:</b> By December 31, 2020, increase the number of school districts providing	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change	Baseline: 2 Target: 4	<ul style="list-style-type: none"> <li>Discuss with stakeholders</li> <li>Implement program, as appropriate, in</li> </ul>	Start: Jan 1, 2017  End: Dec 31, 2020	ESC	Not yet started

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**Mercer County Celina City Community Health Improvement Plan (CHIP)**  
**Mental Health Work Plan – Revised 4.26.17**

mental health services by 2.	<input type="checkbox"/> Evidence Based Program		two addition school districts			
<b>Objective 3.2.2:</b> By December 31, 2020, increase the number of physician offices providing mental health services by 1.	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 1	<ul style="list-style-type: none"> <li>Assess physician practices</li> <li>Discuss with stakeholders</li> <li>Services</li> </ul>	Start: Jan 1, 2017 End: Dec 31, 2020	Mercer Health	<ul style="list-style-type: none"> <li>Not yet started</li> <li>Not yet started</li> <li>Not yet started</li> </ul>
<b>Objective 3.2.3:</b> By December 2020, increase the number of private employers that are providing mental health services by 2.	<input checked="" type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based	Baseline: 1 Target: 3	<ul style="list-style-type: none"> <li>Develop a survey to gauge employer interest and areas of concern</li> <li>Mercer Health to review /send data to Wright State Masters in Public Health to analyze</li> <li>Communicate findings back to employers by Mercer Health</li> </ul>	Start: Jan 1, 2017 End: Dec 31, 2020	Mercer Health WSU-LC	<ul style="list-style-type: none"> <li>Not yet started</li> <li>Not yet started</li> <li>Not yet started</li> </ul>

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## Mercer County Celina City Community Health Improvement Plan (CHIP)

### Substance Abuse Work Plan **DRAFT revised 4-25-2017**

**Priority #1: Substance Abuse.** Alcohol is “part of the culture” in our small and close knit community. Forty-two percent of adults report binge drinking and alcohol use by youth under the age of 17 is considered to be problematic. Nearly 15% of our community uses tobacco products. Our residents are proud of our cohesive community, but this has also been identified as a deterrent for those seeking help with substance abuse issues when needed. Activities that do not involve alcohol are lacking. We have good collaboration among agencies within Mercer County, yet we lack sufficient resources such as detox facilities, community education, and medical providers who treat opiate use. Our new efforts to combat substance abuse will capitalize on existing successful partnerships and cast a wide net with initiatives that reach schools, businesses, and community organizations to address substance abuse.

**Goal 1.1:** Reduce underage alcohol consumption

**Key Measure(s):** Alcohol usage “in the last 30 days” among youth from 2011 youth survey (Search Study Institute)

**Baseline:** 37% (decrease to 30%)

**Alignment with National Priorities:** [National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use](#)

**Alignment with SHIP:** [Priority: Mental Health and Addiction](#)

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 1.1.1:</b> 2 departments will conduct routine compliance checks by December 2019	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 1 Target: 2	Step 1: Hold meeting with heads of local law enforcement Step 2: Celina Police Department talk with other law enforcement agencies in Mercer County to share their techniques of checks and help answer any questions Step 3: Establish a Mercer County Plan for compliance checks Step 4: Develop a tracking system of compliance checks	Start: April 2017  End: December 2019	Chief Thomas Wale, Celina Police Department  Mercer County Prevention Coalition	Step one completed; Step 2 in progress
<b>Objective 1.1.2:</b> By December 2019, increase participation of youth- led programing (S.T.O.P. group and S.T.A.R. retreat) by 10%	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline #1: 18 S.T.OP. participants Target #1: 20 S.T.O.P. participants  Baseline #2: 137 S.T.A.R. youth participants	Step 1: Create posters to advertise S.T.O.P. group and S.T.A.R. retreats to place in schools and community Step 2: Expand social media advertisement and awareness among youth about S.T.O.P group and S.T.A.R. retreats	Start: May 2017  End: December 2019	Laura Sanford and Amy Miller, Foundations Behavioral Health Services	Not yet begun



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## Mercer County Celina City Community Health Improvement Plan (CHIP)

### Substance Abuse Work Plan **DRAFT revised 4-25-2017**

		(grades 4 <sup>th</sup> -8 <sup>th</sup> ) Target #2: 150 S.T.A.R. youth				
<b>Objective 1.1.3</b> By December 2019, deliver 5 parent presentations surrounding the “Start Talking” campaign and local youth data.	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 5	Step 1: Develop a parent education presentation Step 2: Reach out to local schools, clubs, churches, sporting/musical events, radio to offer a short presentation Step 3: Evaluate success bi-annually	Start: April 2017  End: December 2019	Laura Sanford/Amy Miller, Foundations  S.T.O.P./S.A.D.D groups  Mercer County Prevention Coalition	Not yet begun
<b>Goal 1.2:</b> Reduce adult binge drinking						
<b>Key Measure(s):</b> 2016 CHA						
<b>Baseline:</b> 42% (target 30%) reported binge drinking in the past month						
<b>Alignment with National Priorities:</b> <a href="#">National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use</a>						
<b>Alignment with SHIP:</b> <a href="#">Priority: Mental Health and Addiction</a>						
Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 1.2.1:</b> By December 2019, hold 3 Server Seller Trainings to liquor permit holders	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 3	Step 1: Advocate for mandated server seller trainings at the state level. Step 2: Talk with local law enforcement about them sponsoring/encouraging training for liquor permit holders Step 3: Offer chance for prizes for those attending server seller training Step 4: Host Server Seller Trainings for those who hold liquor permits (including temporary permits like festivals)	Start: April 2017  End: December 2019	Mercer County Prevention Coalition  Mercer County CHIP Substance Abuse Group	Step 1 has been started. Step 2 is completed, but no decisions were made.
<b>Objective 1.2.2:</b> By December 2019, launch “Know more before you Pour”	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change	Baseline: 0 Target: 1	Step 1: Utilize “Mercer and Auglaize Drug Prevention” Facebook page to spread social media awareness Step 2: Spread social media and print media	Start: May 2017  End: December 2019	Mercer County Prevention Coalition  Sharon Muhlenkamp,	Not yet begun

#### S.M.A.R.T Objectives

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## Mercer County Celina City Community Health Improvement Plan (CHIP)

### Substance Abuse Work Plan **DRAFT revised 4-25-2017**

campaign about awareness of binge drinking in Mercer County	X Evidence Based Program		awareness about binge drinking Step 3: Utilize billboards to increase awareness and education		Mercer Health  Amy Poor, Health Department
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**Goal 1.3:** Decrease starter drug abuse (Tobacco, Marijuana) amongst youth ages 12-18

**Key Measure(s):** Tobacco and Marijuana usage from 2011 Search Study Institute Survey for 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students

**Baseline:** Tobacco use 12% in the “last 30 days” and marijuana use 10% in the “last 12 months” (Reduce tobacco use by 2% and marijuana use by 2%)

**Alignment with National Priorities:** [Healthy People 2020: Tobacco Use](#), [Healthy People 2020: Substance Abuse](#)

**Alignment with SHIP:** [Priority: Mental Health and Addiction](#)

Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 1.3.1:</b> Increase the implementation of the RRR (Refuse, Remove, Reasons) Program by 1 school by January 2019	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 3 Target: 4	Step 1: Yearly, present this curriculum to superintendents, principals, and guidance counselors to have this program implemented into the schools Step 2: Train someone in the school or provide prevention professional to teach this curriculum to students Step 3: Maintain current schools/grades of this evidenced based curriculum	Start: Current  End: December 2019	Laura Sanford and Amy Miller, Foundations Behavioral Health Services	Began using this curriculum on November 2, 2016 at Alternative School, Celina; set up to begin at Parkway HS (3 classes) and Celina HS (2 classes) in April 2017
<b>Objective 1.3.2:</b> Increase promotion of alternative activities	<input type="checkbox"/> Policy Change <input checked="" type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 52 visits to Grandlakehappenings.com in March 2017  Target: increase by 5 visits to site per month	Step 1: Expand advertisement for www.grandlakehappenings.com which promotes local activities Step 2: Increase usage of YBA (Youth Business Alliance) funds for at-risk youth to participate in positive activities and promote this. Step 3: Promote mentoring programs like Big Brothers Big Sisters	Start: May 2017  End: December 2019	Mercer County Prevention Coalition  Mercer County Health Department	Not yet begun
<b>Objective 1.3.3:</b> Obtain updated current local data	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change	Baseline: 0  Target: 3 youth surveys by	Step 1: Develop Survey with SPF-SPF stakeholder team	Start: May 2017  End: December 2019	Amy Miller, Foundations Behavioral Health	Step 1 and 2 completed; Step 3 in process

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## Mercer County Celina City Community Health Improvement Plan (CHIP)

### Substance Abuse Work Plan **DRAFT revised 4-25-2017**

information on youth grades 8, 10, and 12	<input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	June 2019	Step 2: Secure permissions from school leadership Step 3: Implement survey in school districts Step 4: Compile results Step 5: Use results to find target areas to work on with youth		Services  Mercer County Prevention Coalition  SPF-PFS Stakeholder team	
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<b>Goal 1.4: Decrease the use of illicit drugs (Heroin, Meth, Cocaine, Prescription Drugs, etc.)</b>						
<b>Key Measure(s): Illicit drug abuse (combined percentage) per 2016 CHA</b>						
<b>Baseline:</b> 3.2 % reported illicit drug use (target: 3%); drug-related medical emergencies: 51 in 2016; primary or secondary cause being drug or substance abuse target: reduce by 30% by December 2019)						
<b>Alignment with National Priorities:</b> <a href="#">National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use</a> ; <a href="#">Healthy People 2020: Substance Abuse</a>						
<b>Alignment with SHIP:</b> <a href="#">Priority: Mental Health and Addiction</a>						
Objectives	Impact	Measure	Action Steps	Timeframe	Lead	Status
<b>Objective 1.4.1:</b> By December 2019, increase use of prescription drop boxes	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	Baseline: 2016: 253.07 lbs  Target: 5% increase annually	Step 1: Advertise drop box locations Step 2: Encourage pharmacy's to advertise drop box locations on their receipts Step 3: Design a "thermometer gauge" illustrating how many pounds of prescription drugs are collected Step 4: Educate community of the importance safeguarding/properly disposing of unused prescription drugs through social media and print resources	Start: Current  End: December 2019	Mercer County Prevention Coalition  Gery Thobe, Mercer County Sheriff's Department  Chief Jason Miller, Coldwater Police Department	Sheriff's Department and Coldwater Police Department both have active droboxes
<b>Objective 1.4.2:</b> By December 2018, implement Evidenced based program to address prevention of illicit drug use	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input checked="" type="checkbox"/> Evidence Based Program	Baseline: 0 Target: 1	Step 1: Convene potential stakeholders about implementing the program Step 2: Identify facilities to deliver programs	Start: December 2017  End: December 2018	Unknown	Not yet begun

**S.M.A.R.T Objectives**

**Specific**  
How will you know it is done?

**Measurable**  
Can WE measure it?

**Achievable**  
Can it be done given the time frame and resources?

**Relevant**  
Should it be done?

**Time-oriented**  
When will it be done?

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<p><b>Objective 1.4.3:</b> By December 2019, reduce drug related medical emergencies, as evidenced by EMS runs related to overdoses</p>	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input checked="" type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<p>Baseline: 51 in 2016 Target: 41 (reduce by 20%)</p>	<p>Step 1: Find medical provider for Vivitrol Step 2: Maintain and support House of Hope for men and women Step 3: Maintain First Response Team to follow-up after overdose occurs to offer support and treatment Step 4: Create resource page for treatment and recovery groups and services to distribute throughout the community (paper, electronic, online) Step 5: Encourage more businesses to implement Drug Free Workplace Policies Step 6: Increase signage about drug abuse and how to get help</p>	<p>Start: April 2017 End: December 2019</p>	<p>*Mercer County EMS- Kyle Gerlach  Foundations Behavioral Health Services-Alicia Bruce and *Matt Ronan</p>	<p>Not yet begun</p>
<p><b>Objective 1.4.4:</b> By December 2019, hold 5 presentations about awareness of drug abuse among community (those who have info)</p>	<input type="checkbox"/> Policy Change <input type="checkbox"/> Environmental Change <input type="checkbox"/> Systems Change <input type="checkbox"/> Evidence Based Program	<p>Baseline: 0 Target: 5</p>	<p>Step 1: Distribute parent resource pages promoting parents talking to their children about alcohol and other drugs. Step 2: Increase education about drug paraphilia and when to report suspicious activity Step 3: Increase education that prescription drugs are often a "bridge" to Heroin, Meth, and Cocaine</p>		<p>Mercer County Prevention Coalition  Local Law Enforcement Agencies</p>	<p>Not yet begun</p>



**Specific**

*How will you know it is done?*



**Measurable**

*Can WE measure it?*

**S.M.A.R.T Objectives**



**Achievable**

*Can it be done given the time frame and resources?*



**Relevant**

*Should it be done?*



**Time-oriented**

*When will it be done?*