



Cincinnati Health Department's Urban Farming Program

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2014

Creating Healthy Communities

- Tri-State Workplace Wellness Collaborative
- Tobacco Free Campuses
- **Urban Farming/ Urban Agriculture Policy**
- Produce Perks
- Safe Routes to School
- Community Roundtables
- Spaces and Places Physical Activity Guide
- Let's Move! Cincinnati
- Healthy Monday Campaigns – Mentoring Meals Monday, Monday Mile, Healthy Monday Tips, Move It Monday, Quit and Stay Quit Monday, and Meatless Monday
- Power of Women's Health Conference
- Clinic Patient Goal Setting
- Chronic Disease Self Management Program with Cincinnati Health Department's primary health care centers
- Health Impact Assessments
- Environmental Public Health Tracking

Cincinnati Health Department's Urban Farming Program

Overview: *For Cincinnati, food access is an issue of health equity*

- Since its inception in 2010,
 - the Urban Farming Program recognizes urban agriculture as an innovative and comprehensive approach to improving the health of social, ecological, and economic systems
- According to a 2011 Cincinnati study:
 - 69% of residents live at least 1.5 miles or more from a main-stream grocery outlet
 - 82% of the above residents are African American compared to 41% White
(Mari Gallagher, *Food & Health in Hamilton County*, June 2011)
- In 2012, percent of Cincinnati residents living below the poverty level:
 - African Americans 46.4% compared to 22.9% Caucasian
(2012 American Community Survey, U.S.Census Bureau data)



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Urban Farming: *the new design for social sustainability*

- Assessment of local food systems
 - health equity, strong local economies, & social justice
- Community-based 'open-door' model focused on shared-use of public/private space
- Culturally competent education and engagement
- Support food production areas; small-scale intensive farming methods
- Collaboration with local government, planners, policymakers, and community stakeholders
 - local/regional planning
- Environmental, policy, and systems changes



Results & Successes

- 7 Community-based farms
 - 3,000-5,000 lbs annual production
- Multi-sector partnerships include:
 - Neighborhood residents, Cincinnati Recreation Department, faith-based orgs., senior centers, Cincinnati Metropolitan Housing Authority, public/private orgs., Cincinnati Public Schools, local universities, & food pantries
- Annual increases in:
 - Food production & consumption, community participation, physical activity, food literacy (based on annual survey)
- Policy initiatives:
 - 2009 Defined 'community garden' as a permitted use in all zones, excluding Downtown and Riverfront zones.
 - 2010 Urban Agriculture Program for community members to utilize vacant city-owned parcels of land for agricultural use
 - 2012 Mobile Produce Vending & Mobile Food Vending Program established by City of Cincinnati Council



McKie CRC



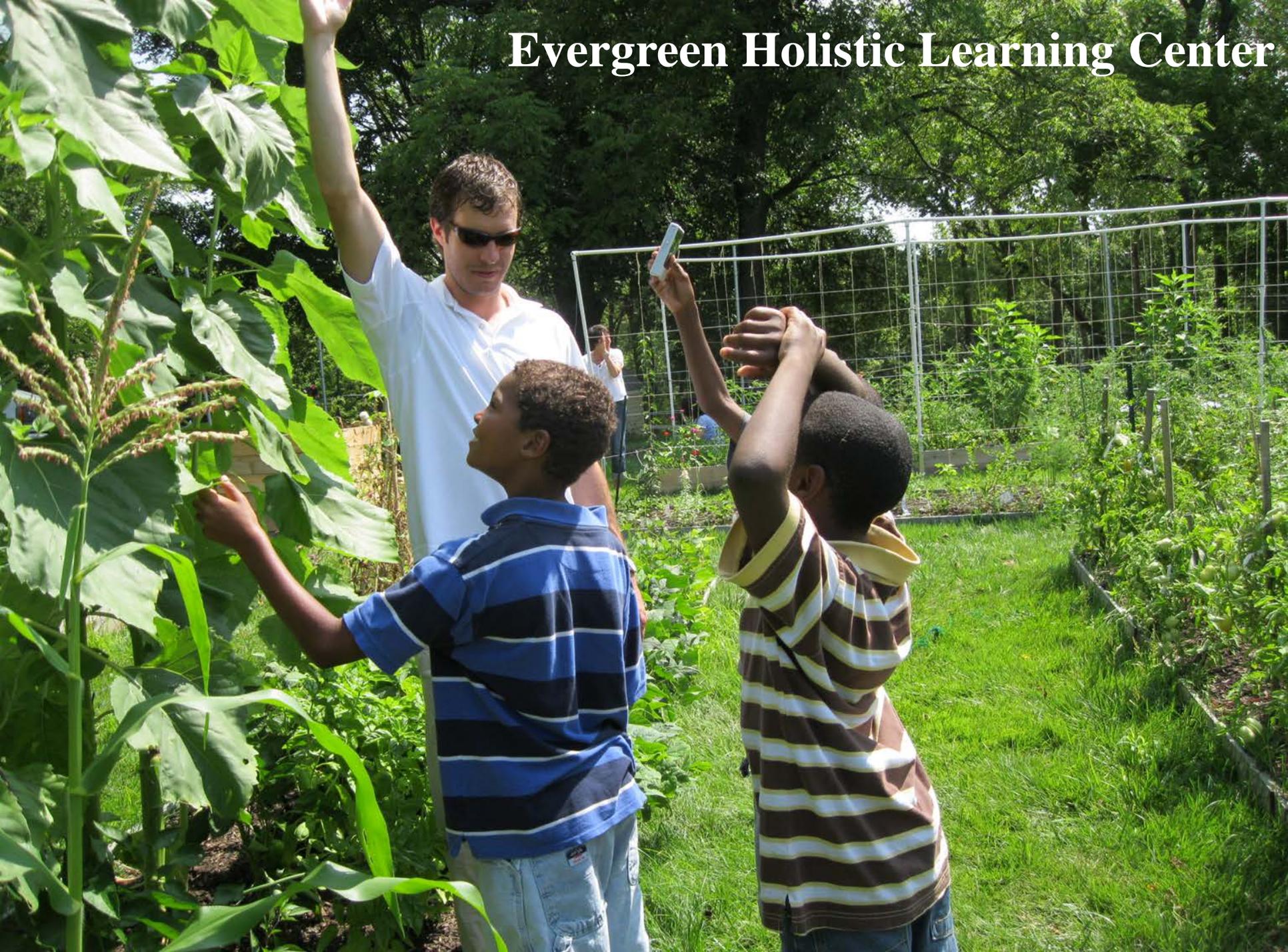
Winton Hills CRC



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Evergreen Holistic Learning Center



Cincinnati Bible Way



OTR Homegrown





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2014 NACCHO Model Practice recipient

Thank you and take care.

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