



Caring for 2 Overview

*ODH Collaborative to Infant Mortality – Health Care
Meeting*

10/28/10

*Grace Kolliesuah, MSW, LSW
Project Director, Caring for 2
Columbus Public Health*

They have a healthy start

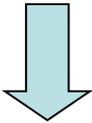


Healthy Start –Brief History

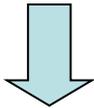
- 1991- inception demonstration project in 15 states
- Healthy Start is a component of the Maternal and Child Health Bureau and resides in the Division of Perinatal Systems and Women's Health.
- 2010 - 104 projects in 38 states to address issues of infant mortality, low birthweight and racial disparities in perinatal outcomes.

Healthy Start Theory of Change

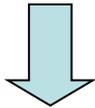
- **Healthy Women**



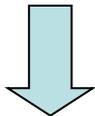
- **Healthy Infants**



- **Healthy Families**

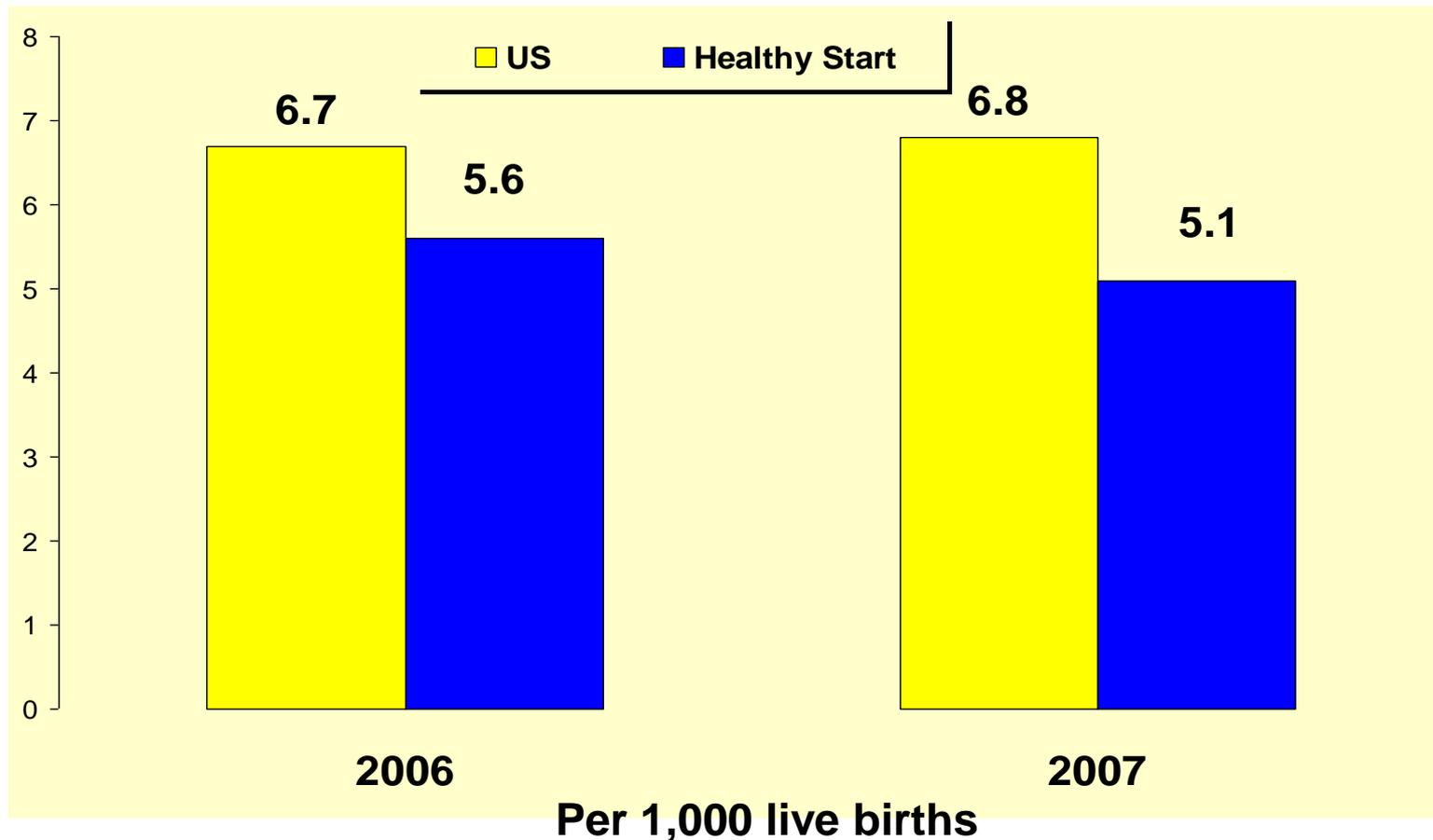


- **Healthy Communities**



- **Healthy Nation**

Infant Mortality Comparison



Columbus Healthy Start - *Caring for 2*

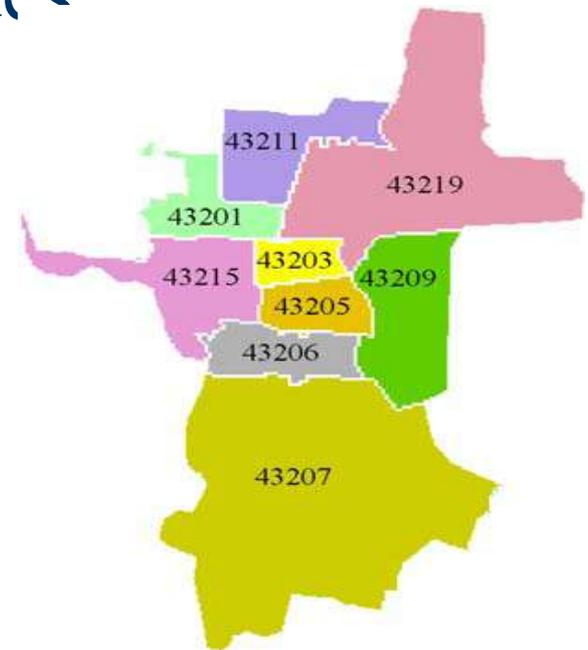
- 1st phase 2000 -2004
- 2nd phase 2004- approved not funded
- 3rd phase 2005-2009
- 4th phase 2009- 2014



Who We Serve

- African American women in three Columbus neighborhoods with the highest rate of poor birth outcomes covering nine zip codes

Near East, Near South
and South Linden



Case Management Model

An interdisciplinary team of Public Health Nurses, licensed Social Workers, Community Care Coordinators



Case Management Services

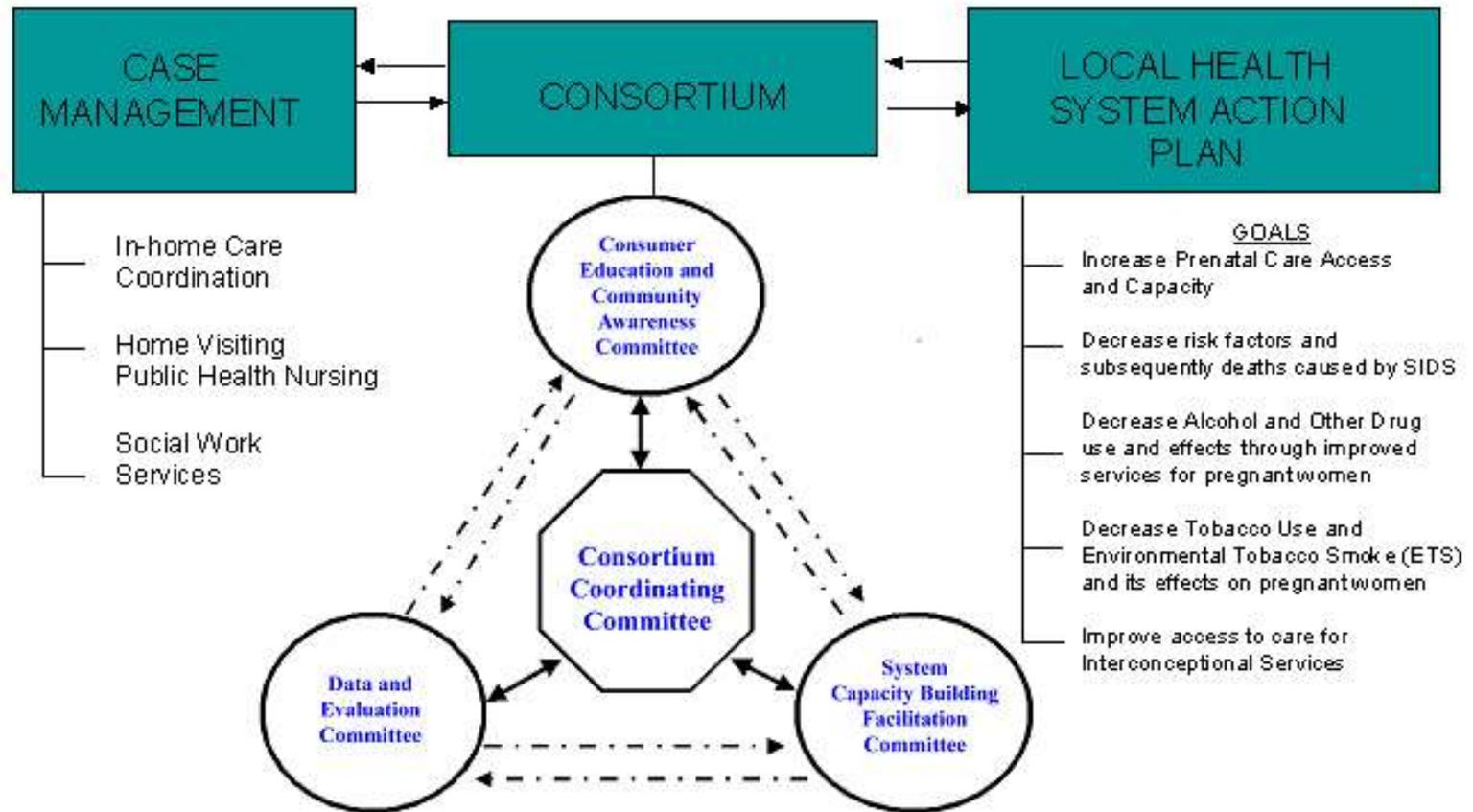
Core Services

- Outreach and Client Recruitment,
- Case Management, Health Education
- Depression Screening,
- Consortium,
- Collaboration and Sustainability, and Evaluation

Case Management

- Infant Assessment
 - Breast Feeding
 - Nutrition
 - Family Planning
 - Stress Management
 - Depression Screening
 - Parenting Support
- Health Risk reduction
 - Fatigue Screen
 - Well Woman Care
 - Childcare Immunization
 - Postpartum Check
 - Child safety
 - Well baby check-ups

Building a Local Health System Action Plan



Service through partnerships

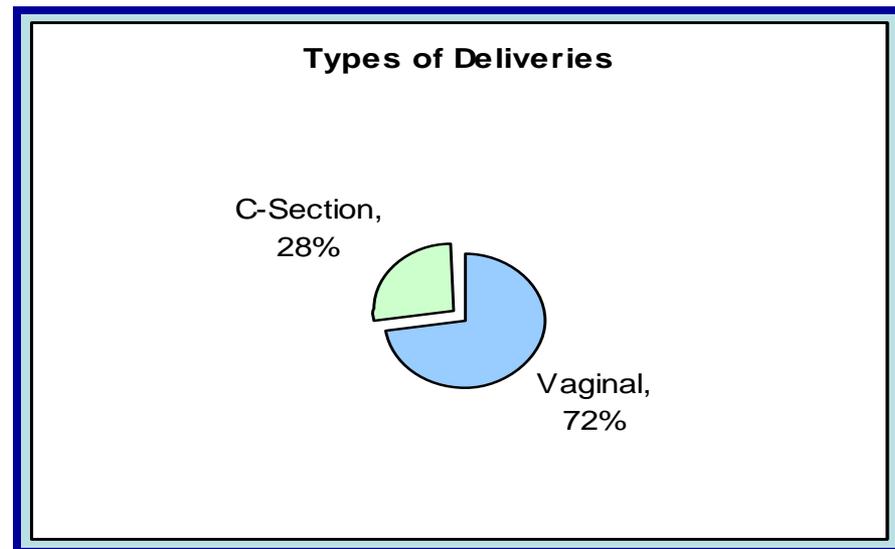
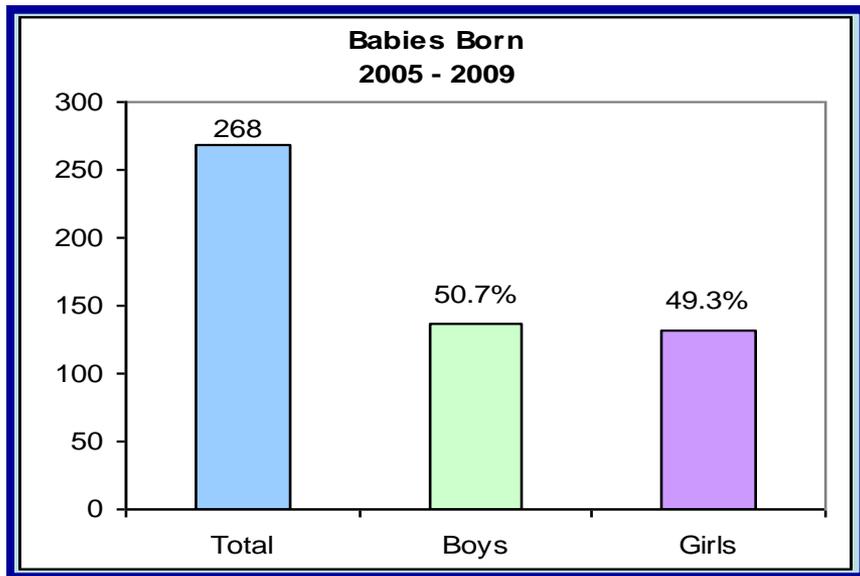
- **Neighborhood House (NH)**
- **Southside Settlement House (SSSH)**
 - **Evaluation Support Group**
- **Council on Healthy Mothers and Babies**
- **DADDS, INC.**
- **St. Stephen's Community House**
- **City of Refugee Point of Impact First Church**
- **Action Ohio**
- **JBAR**
- **Catholic Social Service**
- **POEM**
- **Action for Children**



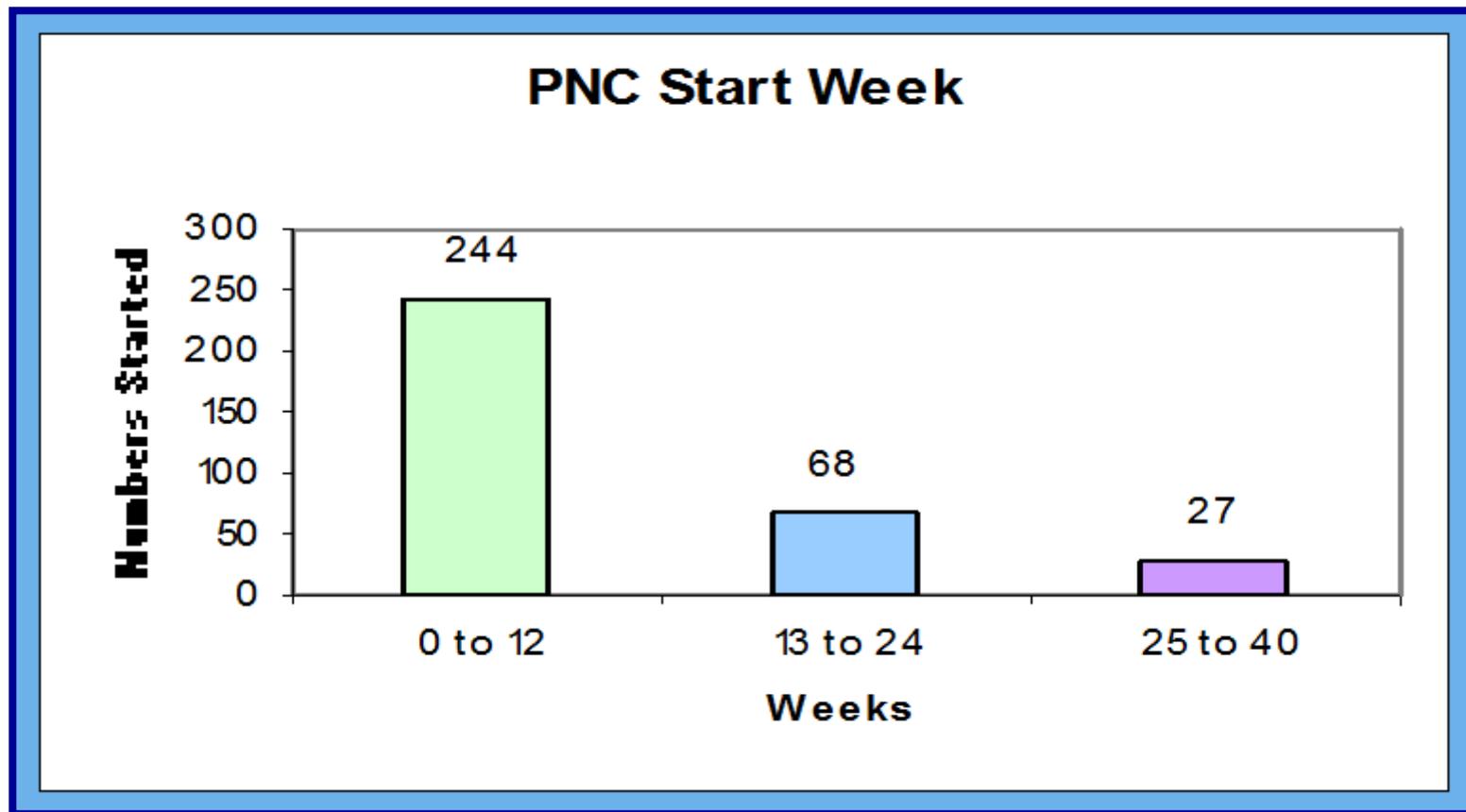
Outcome summary (2005-2009)

- Total served 339
- 268 babies including 24 twins since 2005.
- No deaths two years of phase 3
- 3 out of 4 participants entered prenatal care by their first trimester.
- Nearly 1 out of 9 (87.9%) and have incomes at or below poverty level.
- 46.6% completed high school, or are still in school.
- One-third are teens

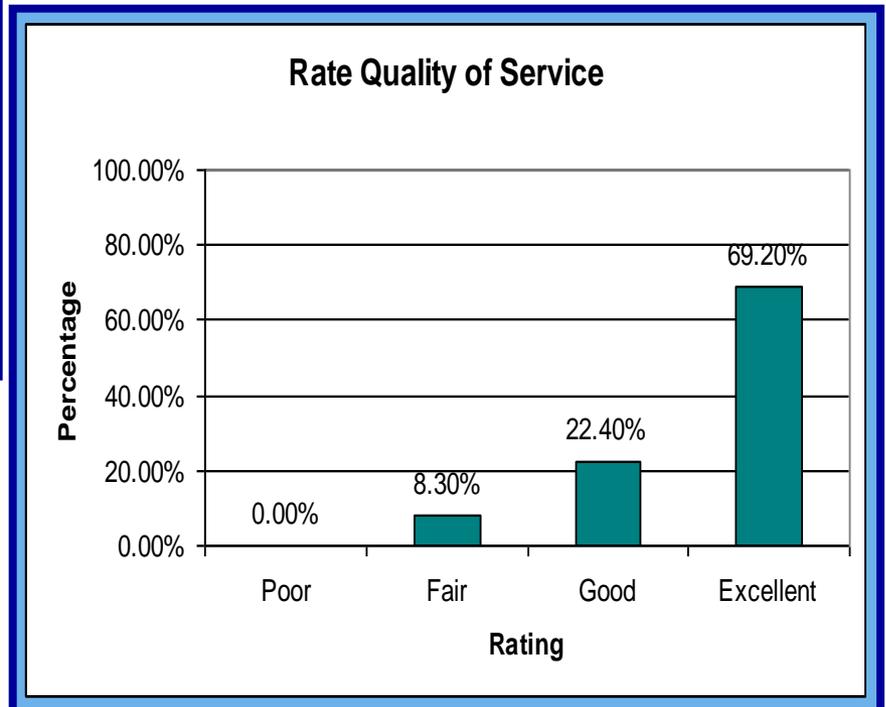
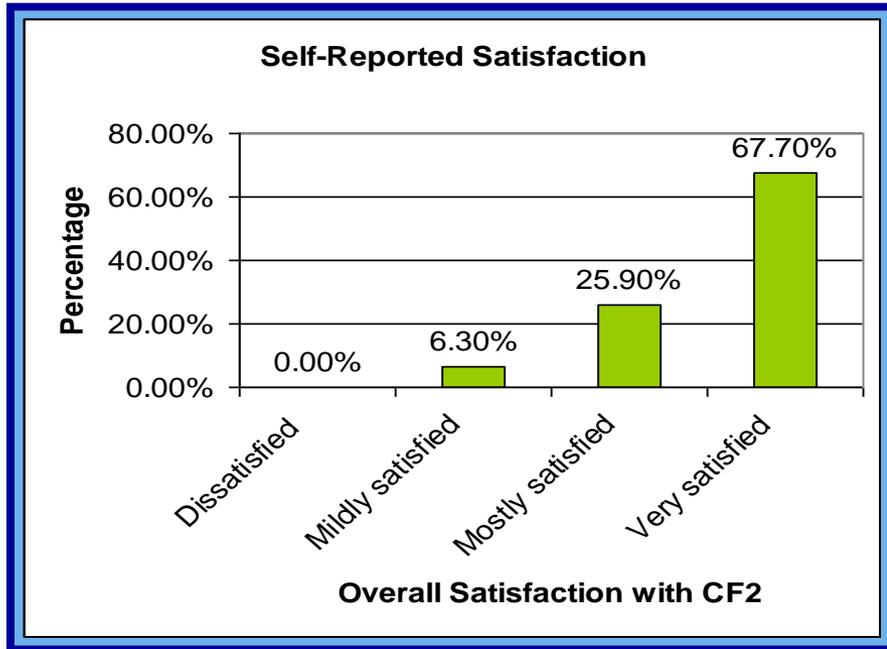
Outcome summary (2005-2009)



Outcome summary



Participant self reported survey



Depression Initiative

Resource List Subcommittee:

- Conducted survey of mental health providers
- Developed 2 service directories
 - ◆ Consumer version
 - ◆ Healthcare provider version
- Directories distributed to healthcare providers
- Wait times of providers assessed at baseline and continue bi-annually

A Mother's Guide Maternal Depression Care Providers



Have you...

Blamed yourself unnecessarily when things went wrong?

Been anxious or worried for no good reason?

Felt scared or panicky for no very good reason?

Been unable to laugh or find enjoyment?

If so, this directory may be helpful to you.

Challenges

- Reductions in capacity for serving un and underinsured families
- Economic constraints- increase needs
- Ohio's economic downturn is having profound effects on families, government and community programs
- More families in Ohio are living in poverty
- We are challenged to maintain what we know is basic and essential

Challenges cont'd

- Reaching women early in their pregnancy to increase 1st trimester entry
- More services being reduced or cut
- Limited capacity for prenatal care services
- Babies are still dying preventable deaths
- Reaching women prior to conception emphasizing/educating on healthy lifestyle
 - ▶ Before pregnancy
 - ▶ During
 - ▶ After pregnancy



Contact Info

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