

Did you know that health begins where we live, learn, work and play?

The SOCIAL DETERMINANTS OF HEALTH reflect the social and economic factors and physical conditions in the environment in which people are born, live, learn, work, and play. For optimum health, *especially women's and infants' health*, we need:

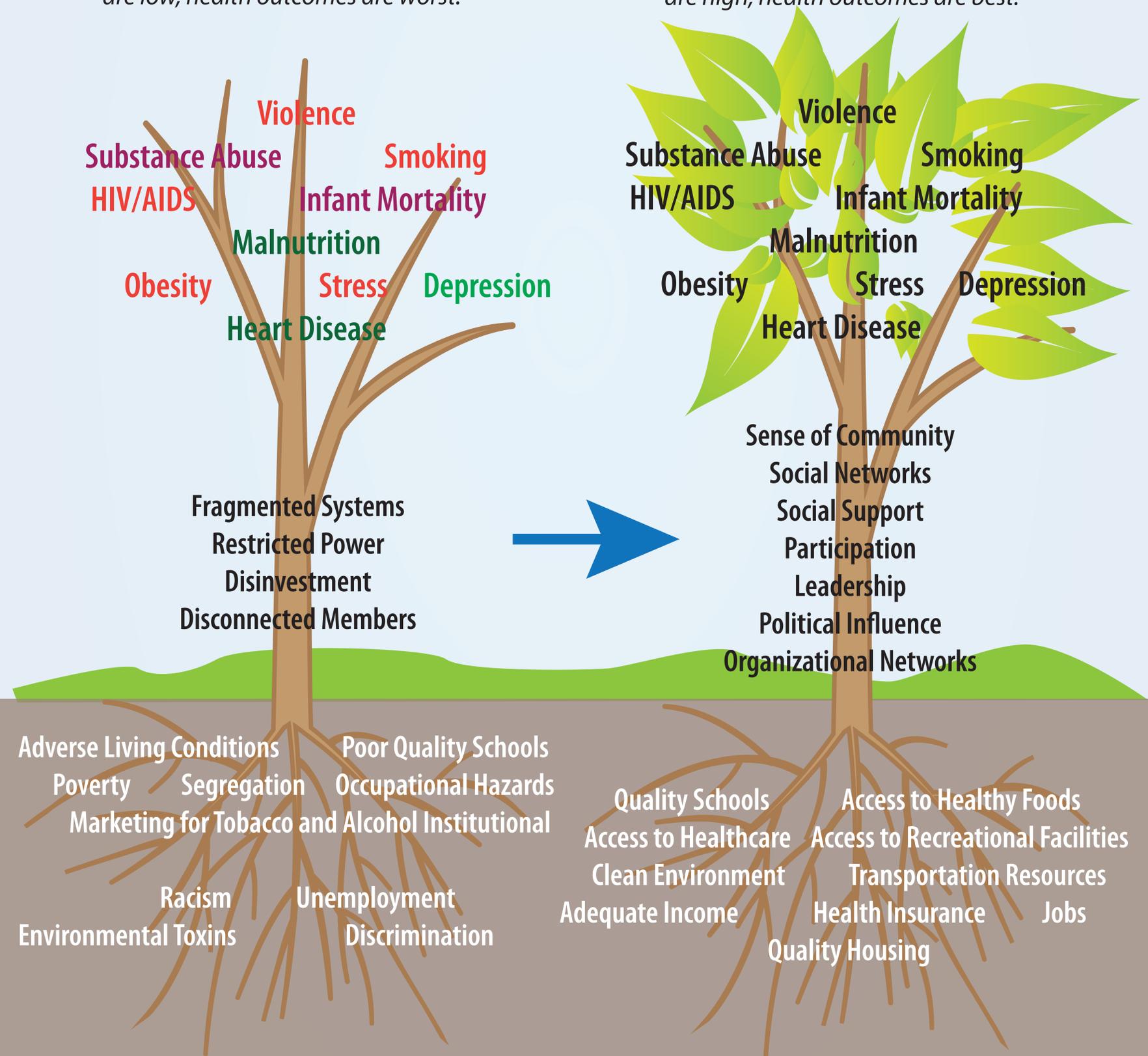
- educational and job opportunities
- living wages
- healthy foods
- adequate housing
- social support & positive social interactions
- transportation options
- safe neighborhoods
- quality healthcare

Growing Communities: Social Determinants, Behavior and Health

Our environments cultivate our communities and our communities nurture our health.

When inequities are high and community assets are low, health outcomes are worst.

When inequities are low and community assets are high, health outcomes are best.



From Promoting Health and Equity, Centers for Disease Control and Prevention

