

2nd Annual



September 15  
2014

Sponsored by: **ADOLESCENT HEALTH**  
Partnership

Symposium

*Speaker sponsorship provided by Care Source.*

**Purpose:** The second annual Adolescent Health Symposium will bring together multidisciplinary experts in adolescent medicine and health to address issues that impact the ability of adolescents to live healthy, safe and productive lives. The Partnership will also introduce newly developed strategies that support the implementation of the Ohio Adolescent Health Strategic Plan.

Investing time, attention and resources in the health and wellness of adolescents is essential to helping them maintain optimal health and lay a foundation for a healthy and successful adulthood. Healthy adolescents engage more in their communities, do better in school, and go on to see better health status, higher educational achievement, and more success in their lives as adults.

**Conference Objectives:** 1. Increase awareness about the unique needs of adolescents, 2. Address research-based environmental and policy needs to improve health outcomes. 3. Expand positive youth development initiatives. 4. Align the network of adolescent health experts in Ohio.

**Who We Are:** The Ohio Adolescent Health Partnership is a diverse group of agencies, organizations and individuals with expertise in adolescent health and wellness, with the common goal of supporting optimal health and development for all adolescents. Our vision is that all Ohio adolescents are empowered and able to live safe, healthy productive lives as they transition into and reach adulthood. OAH Partnership has defined their target age range as 10-24. Individuals and organizations whose activities are focused on adolescent health are encouraged to become members.

**Who should attend?** All individuals or organizations who work with adolescents and young adults – physicians, psychologists, social workers, counselors, nurses, dietitians, teachers, coaches, school administrators, youth workers, policy makers, parents, and not for profit organizations.

**Conference Location:** Hyatt Regency Downtown Columbus, Union, Harrison & Taft Rooms, 350 North High Street, Columbus, Ohio 43215. Visit the hotel website for directions and parking information <http://columbusregency.hyatt.com/en/hotel/our-hotel.html>. There are many restaurant options for lunch within walking distance.

**FREE Registration:** Go to <http://www.ohioph.org/tabs/events/eventdetails.aspx?EventId=1085> to register online. Check the box marked “bill me later” but NO BILL will be sent. For questions, please contact Laura Rooney [laura.rooney@odh.ohio.gov](mailto:laura.rooney@odh.ohio.gov) or Lois Hall [lhall@ohioph.org](mailto:lhall@ohioph.org) An email confirmation will be sent from the Ohio Public Health Association.

## Agenda: September 15, 2014

- 8:00 am – 9:00 am**     REGISTRATION
- 9:00 am – 9:20 am**     WELCOME AND OPENING REMARKS  
 Paula Braverman, MD and Michele Dritz, MD, MS  
*Co-Chairs Ohio Adolescent Health Partnership*
- 9:20 am – 10:20 am**     ADOLESCENT DEVELOPMENT, IMPLICATIONS AND POLICY NEEDS  
**Claire Brindis, Dr.P.H.**  
 National Adolescent Health Information and Innovation Center
- 10:20 am – 10:35 am**     BREAK
- 10:35 am – 11:30 am**     OHIO ADOLESCENT HEALTH PARTNERSHIP'S OPERATIONAL PLAN - KEY STRATEGIES FOR IMPROVING ADOLESCENT HEALTH  
 Ohio Adolescent Health Partnership Leadership
- 11:30 am – 1:00 pm**     LUNCH – ON YOUR OWN
- 1:00 pm – 2:00 pm**     CONCURRENT SESSIONS
- A. The Science of Youth Led Prevention
  - B. Building Positive Youth Relationships
  - C. Improving Reproductive Health Outcomes through Long Acting Reversible Contraception
  - D. Impacting Nutrition, Physical Activity and Obesity in Adolescents
  - E. Effect of Inadequate Sleep on Ohio's Adolescents and School Start Times
- 2:00 pm – 2:15 pm**     BREAK
- 2:15 pm – 3:15 pm**     CONCURRENT SESSIONS
- F. Prevention & Mental Health Recovery from the Youth's Perspective
  - G. Traumatic Brain Injury – Return to School Protocol
  - H. Human Papilloma Virus – Increasing Vaccination and Reducing Parental Fears
  - I. Engaging Youth in Nutrition and Physical Activity Messaging
  - J. Effect of Inadequate Sleep on Ohio's Adolescents and School Start Times
- 3:20 pm – 4:20 pm**     READINESS TO DO WELL – POSITIVE YOUTH DEVELOPMENT  
**Stephanie Krauss M.Ed., MSW**  
 The Forum for Youth Investment
- 4:20 pm – 4:30 pm**     EVALUATION AND ADJOURN

## Key Note Speakers:



**Claire Brindis, Dr.P.H.**  
**National Adolescent Health Information and Innovation Center**

Dr. Claire Brindis is a Professor of Pediatrics and Health Policy, Executive Director of the National Adolescent Health Information and Innovation Center, and Director of the Philip R. Lee Institute for Health Policy Studies at the University of California, San Francisco. Her research focuses on young adult and adolescent health, monitoring ACA implementation, and topics related to adolescent health and risk-taking behaviors, as well as social, health, and economic disparities among a wide variety of unique groups of adolescents. Her research has also examines health and economic disparities among multi-ethnic/racial groups nationally, including in health insurance coverage.



**Stephanie Krauss, M.Ed., MSW**  
**The Forum for Youth Investment**

As a Senior Fellow with the Forum for Youth Investment, Stephanie Krauss researches and consults nationally on competency-based and expanded learning and development opportunities. These include engaging in policy, practice and research that supports practitioners and leaders across the country, who are working to get all young people credentialed and competent enough to be ready to meet their professional and personal demands in adult life. Ms. Krauss is a recognized thought leader in dropout recovery and competency-based education. Previously, she served as founder, president and Chief Executive Officer of Shearwater Education Foundation.

Thank you, Care Source, for providing keynote speaker sponsorship!