Ohio Department of Health

Ohio Department of Health: October 16, 2014

The Ohio Department of Health (ODH) has chosen to take an aggressive approach to recent concerns related to the travel in Ohio of a person diagnosed with Ebola. Using CDC guidance as a starting point, ODH has consulted with infectious disease experts and recommends the following additional actions for Ebola contacts:

1. For individuals with any direct physical contact with the index case (including brief contact such as a handshake without personal protective equipment), ODH recommends quarantine for 21 days after the last known contact in conjunction with public health officials.

2. For individuals without direct contact, but within a three foot radius of the index case (such as adjacent passengers in an airplane or car) for a prolonged period of time, ODH recommends twice-daily temperature-taking and symptom check (one observed by a public health offical) for 21 days after the last known contact with the index case.

3. For individuals without direct contact but in the vicinity of the index case as indicated by a public health official, notification and self-monitoring is recommended.

Any person in any of the above categories who registers an oral temperature of 100.4 or greater or develops symptoms including muscle aches, weakness, vomiting, diarrhea or bruising/bleeding should seek medical evaluation and testing per regional public health recommendations.