

# Oral Health *facts*



## Getting Dental Care for your Child

Your child needs healthy teeth to eat, talk and smile!

### How to make a dental appointment.

If your child has Healthy Start or your family has Healthy Families, dental services will be provided at no cost.

If you don't have dental insurance and have a limited income, you may qualify for Ohio's Medicaid program. Applications are available at

<http://medicaid.ohio.gov/forohioans/Getcoverage.aspx> or by calling the Medicaid Consumer Hotline at **1-800-324-8680**.

Now, you can call and make an appointment for a dental checkup.

- Regular dental visits include examinations, cleanings, fluoride treatments, dental sealants and fillings. All of these are important to keep your child's teeth healthy.

**Don't wait until your child says it hurts!**

### Now that you have an appointment:

**Keep the dentist's name, address and phone number handy.**

**If you need a ride, make the arrangements now.**

- Your county Department of Job and Family Services may be able to help you find a ride. If you can, arrange for a babysitter for the other children.

**Be sure to keep the appointment.**

- If you must change to a different day or time, call the dentist's office as soon as possible.
- Arrive on time. Valuable time has been set aside for your child.

**Prepare your child for the appointment.**

- Talk to your child about the dental visit in a positive way. It will make it more enjoyable.
- The office staff will explain what they are doing, and this will help prepare your child to be a good dental patient.



Ohio Department of Health  
Oral Health Section

246 North High Street • Columbus, Ohio 43215

**614-466-4180** • [www.odh.ohio.gov/odhPrograms/ohs/oral/oral1.aspx](http://www.odh.ohio.gov/odhPrograms/ohs/oral/oral1.aspx)